

PERSONALITY DIMENSION	CHARACTERISTICS HIGH	CHARACTERISTICS LOW
Neuroticism	Temperamental, self-indulgent, self-conscious, emotional, vulnerable	
Extroversion (extrovert) – introversion (introvert)	Attending with others	Prefers solitude
Openness, unimaginative	Open to new experiences, curious, imaginative, creative	Unimaginative, conservative, characterised by certain habits
Kindness – distrustful	Good, generous, thinks positively about others	Sceptical, thinking negatively about the intentions of others
Conscientiousness	Well-liked, hardworking, persistent	

FIGURE 4.1
Personality dimensions.