

FACTOR	DESIGNATION	EXPLANATION	RESULT	RESULT – EXPLANATION
Neuroticism	N	Emotional reaction patterns	52 Middle	Generally calm and able to deal with stress but at times experience feelings such as guilt, anger and sadness.
Extroversion	E	The need for social activities	41 Low	Introverted, reserved and serious. Thrives alone or with a few good friends.
Openness to experience	O	Attitude towards change	44 Low	Grounded, practical-thinking, traditional, thrives on doing things in well-known ways.
Agreeableness	A	How to socialize with others	41 Low	Sober, sceptical, proud and competitive. Will often express anger directly.
Conscientiousness	C	The need for structure and efficiency	48 Middle	Reliable and relatively well organized. Generally, have very clear goals, but can at the same time put work aside as needed

FIGURE 4.16  
Test result Big five test.