

MENTEE CHARACTERISTICS	MENTOR CHARACTERISTICS
Has the time and desire to work with the mentee role.	Time and desire to take on the role of mentor, including the ability to prioritize mentoring.
Is prepared to develop her/himself and gain more self-insight.	Self-insight and interest in the mentee's and own self-development.
Able to be responsive and to see new opportunities.	A good listener.
Willing to try new ways and work with her/himself and the outcome of the conversations with the mentor.	A good interlocutor.
	Desire and ability to open up and share own experiences – even the not so positive.
	Ability to see opportunities and get ideas as well as guide the mentee – in an empowering way and without wanting to dominate.

FIGURE 6.19  
The characteristics of mentee/mentor.